



Jenifer Wells, president and co-founder of Complete Athlete, is currently a performance analyst, certified functional fitness trainer and expansion/development director for the company. She also operates the motion capture system for research and development and is responsible for developing the Complete Athlete bio-mechanic model to be specifically used to identify the health and performance parameters unique to the fastpitch pitcher in softball. Before assuming these duties with the Complete Athlete and establishing herself as a respected teacher, clinician and coach, Jen served as a consultant for the International Olympic Committee, in the South Pacific responsible for teaching and developing fastpitch softball players and their teams competing in the 2007 South Pacific Games, in Samoa. As an NCAA head softball coach for 6 years prior to accepting the IOC position, Jen was building successful collegiate programs by concentrating on developing the overall skills of the student/athlete. From 1999-2000, Jen taught Fitness and Aerobics while coaching softball at Sapulpa High School in Sapulpa, OK. and spent 1998-1999 as the assistant softball coach for The University of Tulsa. As an student/athlete she gained national recognition and has few peers to match her accomplishments in the classroom and on the softball field. An Honor student who earned her BS degree from Oklahoma City University, in 1997, Jen was part of a team that claimed three National Championships while garnering personal All-American honors in 1994, 1995, and 1996. Jen's high school career, at Ponca City High School in Oklahoma, was equally as illustrious as her college experience and culminated in being listed among the nations most sought after recruits. Her penchant for success is rooted in a desire to improve the opportunities upcoming athletes face and a rare ability to combine a keen sense for identifying and developing athletic talent with a business acumen that is both savvy and tough.



Donnie Watson, co-founder and performance analyst with the Complete Athlete. Prior to joining the entrepreneurial vision and continuing efforts of the Complete Athlete, Donnie was a successful coach, teacher, recruiter and director of player and program development. During the past 16 years as an assistant and NCAA Division I head baseball coach, Donnie has worked with 1000's of aspiring baseball players and is known as a one of the nation's foremost authorities for teaching science based throwing mechanics and functional strength regimens for success. He has a long line of testimonials to attest to his unique ability to instruct, inform and inspire players, parents and coaches to move past the personal constraints of outdated teaches that exist in today's playing environment. In 1993, Donnie founded The All-American Baseball Camps, Inc., a 501(C)3 tax exempt charitable corporation, which serves to provide baseball camp tuition scholarships for underprivileged youth. This was the start of a personal mission to gather and disseminate information to improve the health and performance of baseball pitchers regardless of level of play. In 2004, Donnie was named the NPA Coach and Coordinator for the Texas region. During this time, Donnie hosted symposiums on injury prevention for youth baseball players. Donnie is also a certified Functional Fitness Instructor through the Absolute Performance Group of Del Mar, California. Donnie earned his BS degree in Education from the University of Dallas in 1978. He was an All-Conference and All-Region player in 1977 and 1978. In addition, Donnie was inducted into The University of Dallas Sports Hall of Fame in 2002. Donnie currently serves on the Board of Directors for the Spencer Dent Foundation.